

Hospice & Palliative Care
of Greater Wayne County

Margaret Wilkes Library

Book List for Grief

Title	Author	Ref. Nbr.	Description
A Time to Say Good-Bye	Goulding, Mary McClure MSW	9	A professional psychotherapist recounts her journey through the process of mourning the death of her husband and partner.
Bereaved Parent, The	Schiff, Harriet Sarnoff	30	A practical book on how to cope with the death of a child and rebuilding the lives of the survivors.
Bereavement: Studies of Grief in Adult Life	Parkes, Colin Murray	240	Helps understand the roots of grief, the harm that bereavement can cause and the steps to prevent it.
By Death or Divorce: It Hurts to Lose	Mumford, Amy Ross	32	The author deals with coping with responsibility, fear, panic, which have to be met by the grieving person.
Care of the Dying	Lamerton, Richard	59	This book shows us how to face death without pain, with humanity, with dignity and in peace.
Caregiving and Loss	Hospice Foundation of America	251	This book is part of Hospice Foundation Of America's <i>Living With Grief</i> Series
Coping With Grief	Buckingham, Dr. Robert Wm.	7	Discusses how to deal with different types of grief, in such situations as death, suicide, romantic break-up, and pregnancy.
Death is Hard to Live With	Bode, Janet	58	Interviews with teenagers who have experienced the death of a friend or relative, explores ways of making peace with the shock, guilt, and tragedy of death.
December's Song	Heavilin, Marilyn Willett	13	Help in handling the realities of grief. Help for the grieving, those coping with violent death, handling multiple loss, and help for caregivers.
Finding Hope (two copies)	Jevne, Ronna and Miller, James E.	197 198	Short writing on finding hopes for a brighter life when life is challenging.
Getting Through the Night	Price, Eugenia	28	For anyone struggling through the loss of a loved one.

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Gone From My Sight	Karnes, Barbara	26	This pamphlet is like road map showing many roads arriving at the same destination.
Gone From My Sight	Karnes, Barbara	53	In this booklet is simply a guideline, a road map, of the dying experience.
Good Grief	Westberg, Granger	46	This booklet tries to explore the good aspects of grief and what we can learn from it.
Good Grief	Westberg, Granger	47	This booklet tries to explore the good aspects of grief and what we can learn from it. (copy 2)
Good Grief	Westberg, Granger	48	This booklet tries to explore the good aspects of grief and what we can learn from it. (copy3)
Grief Expressed: When a Mate Dies	Felber, Marta	336	
Grief Observed, A	Lewis, C.S.	241	Lewis' very personal account of his grieving process after the death of his wife. Written in journal form.
Grief Recovery	Yeagley, Larry	24	This booklet deals with the anatomy of grief and the tasks of grieving. It ends in talking about recovering from grief and moving on.
Grief Recovery Handbook, The	James, John W.	17	The objective of this book was to better prepare caregivers to assist people during the most painful experiences of their lives, the deaths of loved ones.
Grieve Not	Harrison, Darling, Sacheverell	335	
Grieving: A Love Story	Coughlin, Ruth	370	This book is about a couple's last months together and the devastation after the death.
Handbook for the Bereaved	Costa, Barbara J. RN MSN	25	Written to help the bereaved and those who want to help them. Evolved from the hospice philosophy and its commitment to the whole family as the unit of care.
Healing Your	Wolfelt, Alan	232	

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Grieving Heart			
Heart at Work	Canfield, Jack	5	A priceless collection of inspiration-filled stories to the power and importance of self-esteem at work.
His Comforting Arm	Raber, Annie	15	From the journal of a local Wayne County woman who cared for her husband as he died of a brain tumor in his early 30's, cared for by Hospice of Wayne Co.
Humor As Therapy	Keller, Dan	18	The role of humor as it contributes to healing and help patients come out of the shadows of their troubles.
I'm So Glad You Told Me	Johnson, Barbara	174	A book to help find joy in the midst of pain; how laughing in the face of adversity is a form of healing.
In Memoriam	Nouwen, Henri	239	The author's experience and story of his mother's death (copy 2)
Learning to Say Good-By	LeShan, Eda	36	This book discusses all stages of grief and offers comfort, guidance, and hope to the entire family.
Learning to Say Good-By (2)	LeShan, Eda	40	When a Parent Dies. With warmth and compassion, all stages of grief are discussed :disbelief, fear, anger, guilt, resentment and even relief.
Life After Harry	Graham, Virginia	33	This book shows how she lost her cherished husband, and pulled herself together to tackle the single life.
Life After Loss: Your Personal Guide for Finding Life After Loss	Deits, Bob	10	A positive, sensitive approach for successful recovery from painful loss, including the death of a loved one divorce, major surgery or onset of chronic illness.
Life Can Be Hard Sometimes: But It's going to be OK	Schutz, Susan Polis	52	This book is simply a collection of poems dealing with occurrences in life.
Living Through Personal Crisis	Kaiser Stearns, Ann	27	Professional yet compassionate, from actual case histories and the author's own experience .

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Living Through the Loss of Someone you Love	Aldrich, Sandra	374	The spiritual trials of a young family whose father contracts cancer, and their struggle to accept God's will under the difficult personal circumstances.
Living with Death and Dying	Kubler-Ross, Elisabeth	76	This book offers insight and understanding for all who have contact with the terminally ill.
Living with Grief	Doka, Kenneth and Joyce Davidson	210	Who we are, how we grieve. A broad-based view of grief and the unlimited ways in which people cope with loss.
Living with Grief	Doka, Kenneth	229 & 230	
Living with Grief	Marcia Lattanzi-Light & Doka, Kenneth J.	323	
Living with Grief: Children, Adolescents	Doka, Kenneth	249	Part of the Hospice Foundation of America Series
Living With Grief: When Illness is Prolonged	Doka, Kenneth J., Ph.D.	183	A third collection of articles in the <i>Living with Grief</i> series
Living: When a Loved One has Died (Copy 2)	Grollman, Earl A.	39	This book is about: shock, suffering, recovery, a new life.
Living: When a loved one has died	Grollman, Earl A.	38	This book is about: shock, suffering, recovery, a new life.
Meditations for the Widowed	Gilgal Publications	31	This book takes a hard look at the loneliness of grief for those who have lost a mate, and in the doing it offers help for turning hopelessness to hope.
Men and Grief (Copy 1)	Staudacher, Carol	74	A guide for men surviving the death of a loved one.
Men and Grief (Copy 2)	Staudacher, Carol	106	
Men Don't Cry - Women Do	Martin, Terry L., and Kenneth Doka	247	Transcending stereotypes of grief.

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Mending	Hsu, Dorothy	49	Poems and Prayers The author describes her journey through grief, her slow steps and then spiritual growth.
On Children and Death	Kubler-Ross, Elisabeth M.D.	93	
Parent Grief: Narratives of Loss and Relationship	Rosenblatt, Paul C.	248	This book explores the grief of a parent upon the death of a child and the aftereffects of that death.
Recovery from Bereavement	Parkes, Colin Murray and Robert S. Weiss	3	A unique and important contribution to the understanding of conjugal bereavement and its effect on men and women.
Remembering With Love	Levane, Ph.D., Elizabeth	223	
Roses In December: Finding Strength Within Grief	Heavilin, Marilyn Willett	14	This book will help you to deal with your loss, and understand your grief,. For Marilyn Heavilin it was the death of her three sons.
Signs of Life: A Memoir of Dying and Discovery	Brookes, Tim	2	
Silver Linings: The Other Side of Cancer	Gullo, Shirley and Elaine Glass	196	A collection of personal stories about the cancer experience.
The Courage to Grieve	Titelbaum, Judy	347	
Through Troubled Waters	Armstrong, William H.	195	This is the author of Sunder . He tells the story of his wife's death and his own struggle with grief and the struggle of his three children.
Time to Grieve, A.	Staudacher, Carol	96	This book is a helpful guide for those who have been forced to face the death of someone they love -
To Live Again	Ginsburg, Genevieve Davis	51	This book talks about rebuilding your life after you have become a widow.
Turn Again to Life	Schmitt, Abraham	29	The central message is that people can choose their direction after any death- and turn again to life.
What Helped Me When My Loved	Grollman, Earl	34	A world-renowned authority on death, talks about experiences

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One Died			with bereavement
When A Man Faces Grief	Golden, Thomas & Miller, James E.	260	
When The River Runs Backward	Kilgore, L. Wilson Rev. Dr.	23	This booklet deals with the nature of grief, the degrees of difficulty in the grief process, coping with grief, and the comfort of our faith.
When Your Child Dies: Finding the Meaning in Mourning	Stevenson, Nancy Comey and Cary Higley Straffon	16	This book is written for parents who have experienced the death of a child. It is written by parents that also lost two children.
Widow: Rebuilding your life	Ginsburg, Genevieve M.S.	184	The author dispels the myths and disputes the rules, encouraging the widow to begin her new life in her own way and in her own time. (2 copies)
Winter Grief, Summer Grace	Miller, James E.	205	Lovely photos and readings for the one who is grieving the loss of a loved one.
Winter Grief, Summer Grace	Miller, James E.	262	Grief is natural and necessary and, in grieving, you are not alone. Mourn and you will be healed.
Woman's Book of Grieving, A.	Rappaport, Nessa	45	Poems
Working Through Your Grief	Sunderland, Ronald H. Ed.D	22	This booklet is written to assist people who are bereaved. It is about grief and how people face grief.